Protecting yourself and others from the Coronavirus (COVID-19)

How to put on, use and take off a mask.

Before putting on mask, wash hands with soap and water or clean hands with a 60% or higher alcohol-based sanitizer.

Use the straps to tie or loop the mask behind the head or ears. Completely cover mouth and nose with mask.

Make sure there are no gaps between your face and the mask. Use two fingers to press the metal strip to fit the shape of nose.

Do not touch mask, if you do, clean your hands with a 60% or higher alcohol-based sanitizer gel or with soap and water.

Remove the mask from behind using straps: (DO NOT touch the front of the mask); DO NOT reuse a single use mask.

Discard the mask immediately in a closed bin; clean hands with a 60% or higher alcohol-based hand sanitizer or wash with soap and water.

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